

## SCRIPTURES ON *Wellness in Soul*

"The law of the Lord is perfect, refreshing the soul. The statutes of the Lord are trustworthy, making wise the simple."

(Psalm 19:7 – NIV)

"He makes me lie down in green pastures; He leads me beside still waters. He restores my soul; He leads me in paths of righteousness for His name's sake."

(Psalm 23:2-3 – MEV)

"Yes, my soul, find rest in God; my hope comes from him."

(Psalm 62:5 – NIV)

"He heals the brokenhearted, binding up their wounds."

(Psalm 147:3 – TLB)

"A cheerful heart does good like medicine, but a broken spirit makes one sick."

(Proverbs 17:22 – TLB)

"Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls."

(Matthew 11:28-29 – NLT)

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

(Romans 12:2 – NIV)

"And be constantly renewed in the spirit of your mind [having a fresh mental and spiritual attitude."

(Ephesians 4:23 – AMP)

"Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well."

(3 John 1:2 – NIV)